SAN CARLOS COVID-19
COMMUNITY SUPPORT AND RESOURCES

From the Office of the City Manager

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Updates and information on COVID-19 community support programs and projects for the San Carlos community.

Quick Links:

San Carlos COVID-19 Updates
San Mateo County COVID-19 Resources
Current Health Order
I Need Help Assistance Request Form
I Can Help Volunteer Form
Open Restaurants and Stores in San Carlos
COVID-19 Testing Program
San Mateo County Health (Mental Health)
Domestic Violence Support
Food Assistance
Businesses and Worker Resources
Housing Resources
COVID-19 and Wildfire Support Hotline: 1 (833) 422-4255

For COVID-19 updates and resources, follow the City on social media (Nextdoor, Facebook, and Twitter) and our website at www.cityofsancarlos.org/coronavirus.

If you need help finding additional COVID-19 resources, call the City hotline at (650) 802-4347 or the County hotline at 2-1-1.

Report a health order violation to the Sheriff’s Office at (650) 802-4321.

Remember to wear a mask, socially distance, and wash your hands frequently to help keep yourself and others safe.
Reminder – Wear Masks and Keep Others Safe

We are all required to wear masks when in public and unable to keep 6 feet of distance from others. Wash your hands AND wear a mask to stop the spread of COVID-19. San Mateo County Health Officer Dr. Morrow reminds San Mateo County residents that "our comeback depends on all of us." Social distance, wear face coverings, and avoid gatherings to keep loved ones safe and bring down COVID-19 case numbers.

Meals for Kids During Distance Learning

Need to know where your child can get meals during distance learning? Second Harvest Food Bank has updated its Meals for Kids webpage to show where San Mateo County residents age 18 and under can get grab and go meals. Call Second Harvest at (800) 984-3663 for more information.

Youth COVID-19 Support

Our kids are missing out on a lot right now – routines, celebrations, and major life milestones – and worrying about a lot too – friends, family, and their own health and well-being. Crushing the Curve is available to help youth with tips and tricks on how to care for themselves and those they love during this uncertain time. Visit https://crushingthecurve.me/ for resources and support.

SMC Health Officer Declares Health Emergency Due to Fires

San Mateo County Health Officer Scott Morrow today declared a local health emergency in response to the CZU Lightning Complex fires after determining that hazardous waste that may be on site is an immediate threat to public health. Debris and ash from structure fires can contain hazardous substances such as building materials or chemicals from household items. For more information on the fire recovery and Environmental Health resources for safely returning home, visit https://www.smcgov.org/smc-wildfire-recovery.
Free COVID-19 Testing

San Mateo County’s free COVID-19 testing is available without restriction to anyone. It is advisable to schedule an appointment at least 72 hours in advance with testing provider Verily/Project Baseline. This week on 9/10 and 9/11, the East Palo Alto location at 2160 Euclid Avenue is open 8 a.m. to 3 p.m.

COVID-19 Mental Health Awareness

Are you having a difficult time coping because of COVID-19? Are you feeling lonely, anxious, or dealing with grief and loss? Help is available through the National Suicide Prevention Lifeline website or by calling (800) 273-8255.

We're all in this together. Stay healthy, stay positive, and please seek help if you feel you need it. Thanks in advance for supporting one another and checking on friends, family, and neighbors.

Previous Newsletters

Previous newsletters with resources for Health Orders, staying safe, residents, businesses and workers, and volunteers are linked below.

Previous Community Support Update Newsletters

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