SAN CARLOS COVID-19
COMMUNITY SUPPORT AND RESOURCES

From the Office of the City Manager

9.22.2020

Updates and information on COVID-19 community support programs and projects for the San Carlos community.

Quick Links:

- San Carlos COVID-19 Updates
- San Mateo County COVID-19 Resources
- Current Health Order
- I Need Help Assistance Request Form
- I Can Help Volunteer Form
- Open Restaurants and Stores in San Carlos
- COVID-19 Testing Program
- San Mateo County Health (Mental Health)
- Domestic Violence Support
- Food Assistance
- Businesses and Worker Resources
- Housing Resources
- COVID-19 and Wildfire Support Hotline: 1 (833) 422-4255

For COVID-19 updates and resources, follow the City on social media (Nextdoor, Facebook, and Twitter) and our website at www.cityofsancarlos.org/coronavirus.

If you need help finding COVID-19 resources, call the City hotline at (650) 802-4347 or the County hotline at 2-1-1.

Report a health order violation to the Sheriff’s Office at (650) 802-4321.

Remember to wear a mask, socially distance, and wash your hands frequently to help keep yourself and others safe.
San Mateo County Moved from Purple Tier (Widespread) to Red Tier (Substantial)

Effective immediately, San Mateo County has moved to Tier 2 (Red) of the state’s four-tiered, color-coded reopening system. While this is good news, our COVID-19 risk level is considered “substantial” under the state monitoring system and officials caution that businesses and individuals must continue to follow health and safety guidelines. San Mateo County’s health order requiring face coverings, social distancing, and limited gatherings remains in effect. Read more from the County Officials in today’s press release.

Moving to Tier 2 (Red) allows:

- Restaurants indoors (max 25% capacity or 100 people, whichever is fewer)
- All retail indoors (max 50% capacity)
- Shopping centers, swap meets indoors (max 50% capacity, closed common areas)
- Personal care services – hair and nail salons, barbershops (open with modifications)
- Museums, zoos and aquariums (max 25% capacity)
- Places of worship (max 25% capacity or 100 people, whichever is fewer)
- Movie theaters in doors (max 25% capacity or 100 people, whichever is fewer)
- Gyms and fitness centers indoors (max 10% capacity)
- And more

Under the tier system, bars, breweries, and distilleries where no meals are served remain closed. You can also search here for the status of an individual activity to see if it is permitted under Tier 2 (Red). Businesses allowed to reopen or expand operations must follow industry-specific guidelines for health and safety, face covering requirements and social distancing, which can be found on the state’s COVID-19 website.

In order for schools to begin in-person learning, San Mateo County must stay in the Red Tier 2 for two consecutive weeks. Then, for a return to campus, a school must be able to implement the Four Pillars of the San Mateo County Office of Education’s Pandemic Recovery Framework, including health and hygiene protocols, physical distancing, face coverings, and limiting gatherings. A COVID-19 testing plan for staff must also be in place. Visit the San Mateo County Office of Education for more details.

The reopening of sectors of the economy will increase travel and interaction among people. Health officials urge everyone to continue to follow health and safety guidelines and to avoid large gatherings of any kind. Thank you for continuing to help San Carlos stay safe.

COVID-19 Testing

San Mateo County’s no-cost COVID-19 testing is available without restriction to anyone. Testing is now available to children 18 and under. It is advisable to schedule an appointment at least 72 hours in advance with Verily/Project Baseline, San Mateo County’s testing provider. If you don’t have access to the internet, there may be a volunteer on site who can assist you. This week, the following locations are open 8 a.m. to 3 p.m.

- 9/23: The Church of Jesus Christ of Latter-day Saints, 975 Sneath Lane, San Bruno
- 9/24 & 9/25: Stanford Parking Lot, 2685 Bay Road, North Fair Oaks
- 9/28: San Mateo County Event Center, 1346 Saratoga Drive
• 9/29: Our Lady of the Pillar, 565 Kelly Avenue, Half Moon Bay
• 9/30: The Church of Jesus Christ of Latter-day Saints, 975 Sneath Lane, San Bruno
• 10/1 & 10/2: Stanford Parking Lot, 2685 Bay Road, North Fair Oaks

Additional Testing Opportunities: Stanford Medicine offers testing options for both Stanford patients and the public. First responders and essential workers will be given priority for testing and results delivery, regardless whether the individual is a Stanford patient. Visit Stanford Medicine’s page for more information.

Important Note: If you have any form of health insurance, your first stop for testing should be your primary care physician or local medical clinic. This is the best way to get follow-up care right away, and you may get your results faster.

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**Previous Newsletters**

Previous newsletters with resources for Health Orders, staying safe, residents, businesses and workers, and volunteers are linked below.

[Previous Community Support Update Newsletters](#)