SAN CARLOS COVID-19
COMMUNITY SUPPORT AND RESOURCES

From the Office of the City Manager

11.10.2020

Updates and information on COVID-19 community support programs and projects for the San Carlos community.

![Image of hands washing and a person wearing a mask]

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**Important Phone Numbers:**

- Help Finding COVID-19 Resources: 2-1-1
- COVID-19/Wildfire Support Hotline: (833) 422-4255
- Report a Health Order Violation: (650) 802-4321
- City COVID-19 Hotline: (650) 802-4347
Health Officials from Ten Bay Area Counties Issue Recommendations for Safer Holidays and Travel

Health Officers from the Counties of Alameda, Contra Costa, Marin, Monterey, Napa, San Mateo, San Francisco, Santa Clara, Santa Cruz, and Sonoma, and the city of Berkeley today issued joint recommendations for staying safe during the holidays. The recommendations cover gatherings and travel and include steps to reduce risk.

The joint recommendations advise the public that if you gather in person, keep it small, short, stable, and outdoors. Also, nonessential travel, including holiday travel, is not recommended. Travel outside the Bay Area will increase your chance of getting infected and spreading the virus to others after your return. For those who are traveling, there are tips to help avoid catching COVID-19 or spreading it to fellow travelers. If you travel outside the Bay Area, it is strongly recommended that you self-quarantine for 14 days after your return if your activities while travelling put you at higher risk of getting COVID-19. The news release is available online.

**Celebrate without gathering.** The safest way to celebrate this holiday season is virtually or with members of your household. Gathering with people outside your household – even extended family – increases the risk of getting and spreading COVID-19. There are many ways to enjoy the holidays with loved ones without gathering:

- Enjoy holiday traditions at home with your household
- Decorate your home and/or yard
- Share a virtual meal with family and friends
- Host online parties and/or contests
- Prepare meals using traditional recipes and deliver to family and neighbors
- Attend holiday movie nights at drive-in venues
- Visit holiday-themed outdoor art installations
- Participate in drive-by events where everyone stays in their vehicles

The recommendations are consistent with the state’s directives on private gatherings: [https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/CDPH-Guidance-for-the-Prevention-of-COVID-19-Transmission-for-Gatherings-10-09.aspx](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/CDPH-Guidance-for-the-Prevention-of-COVID-19-Transmission-for-Gatherings-10-09.aspx)

**Great Plates Serves 3,000. Funding Extended through November**

Great Plates has been delivering meals since May to older adults in San Mateo County who are at heightened risk due to COVID-19 and are unable to obtain or prepare meals on their own while sheltering in place during the coronavirus outbreak. The program recently reached a significant milestone, having served its 3,000th client. Currently, Great Plates Delivered is funded through December 8, 2020.

To see if you qualify, call (800) 675-8437 or visit [https://www.smchealth.org/post/great-plates-delivered-faqs](https://www.smchealth.org/post/great-plates-delivered-faqs).
SamTrans Board Approves Participation in “Clipper START” Program

Starting in January 2021, SamTrans will begin participating in ‘Clipper START,’ the Metropolitan Transportation Commission’s (MTC) means-based fares pilot program.

The ‘Clipper START’ pilot program will allow qualifying adult, lower-income SamTrans riders to receive a 50% fare discount off the adult single ride fare. ‘Clipper START’ participants will pay $1 for a one-way ride and receive free transfers to other SamTrans routes within two hours. The program will be evaluated for possible continuation throughout the 12-month pilot period.

To read more of SamTrans' press release, please click here.

Previous Newsletters

Previous newsletters with resources for Health Orders, staying safe, residents, businesses and workers, and volunteers are linked below.

Previous Community Support Update Newsletters

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